

BRISBANE CATHOLIC BUSHWALKING CLUB

(BWQ Form)

Abseiling Waiver

OBSERVATIONS AND SAFETY RULES:

1. The term "ABSEILING" or "rappelling" refers to the technique of a safe and controlled descent down a rope that is securely anchored above;
2. With Abseiling activity there is a risk of injury, illness or death or the loss of or damage to property;
3. Abseiling equipment should be thoroughly checked before use;
4. The likelihood of any physical injury whilst involved in Abseiling is largely dependant on the care that you yourself take;
5. Each person must be responsible for their own actions and take all reasonable care for themselves and those around them;
6. Novices should learn to abseil on short cliffs to develop technique, skills and confidence before embarking on anything more adventurous.

ACKNOWLEDGEMENT AND INDEMNITY TO THE CLUB

Where reference is made to the "Club" it refers to the Brisbane Catholic Bushwalking Club.

- a. I acknowledge that I have read the above Observations and Safety Rules and that I understand them.
- b. In voluntarily participating in the Club activity identified as
- c. _____ on ____/____/200____,
which is expected to involve ABSEILING, I am aware that this may expose me to risks that could lead to injury, illness or death or to loss of or damage to my property.
- c. I acknowledge that I will participate in the ABSEILING activity at my own risk, and that I will not hold any member or members of the Club responsible for any injury, fatality or damage that may occur to person or property from any cause whatsoever in the course of the activity.
- d. To minimise any risks, I have endeavoured to ensure that this activity is within my capabilities and I am carrying food, water and equipment appropriate for the activity.
- e. I have advised the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.
- f. I will make every effort to remain with the rest of the party during the activity.
- g. (IF APPLICABLE) This acknowledgement and indemnity that I am providing is also given in respect of _____ (DoB ____/____/____) who has not attained the age of eighteen (18) years and in relation to whom I am the parent/guardian, and I indemnify the Club and its members against any liability resulting from the participation of the child (or minor) in respect of whom I sign this instrument.
- h. The terms of this acknowledgement and indemnity shall be binding on me, my heirs, personal representatives and any minors (children) in respect of whom I sign this Instrument.
- i. This acknowledgement and indemnity continues in force until notice of its revocation shall have been received in writing by the Club.
- j. I have read and understand the content of this document.

Date.....

Signed.....