

JILALAN



Mt Greville – Thursday 10th August

Monthly Magazine of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

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Under The Guidance of Our Lady of the Way

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JULY 2017

Date	Event	Leader	Phone	Type	Grade
16	JTS – Bavarian Bier Café	Phil	5522 9702	Soc	
17/18	“Artist in Residence” Weekend	Iain	3870 8082	BC	S43
18	Basic Navigation	FMR		Trg	
19	General Meeting	Greg	3351 4092	Meet	
20	Ankle Strapping Workshop	FMR		Trg	
21	New Farm to the City	Greg	3351 4092	Stroll	S21
25	Social – Batherbsy BBQ	Michele	3351 4092	Soc	
Jul 1	Page’s Pinnacle	John	5514 0285	DW	M44
1	Eat Local Week	Greg	3351 4092	Soc	
5	Coffee Night – Café 63 Hamilton	Michael	0409 620 714	Soc	
8	Montserrat Lookout	Michael	0409 620 714	DW	M44
9	Abbey Museum	Antonia	3857 1387	Soc	
12	Dutton Park to Cultural Centre	Greg	3351 4092	Stroll	M11
15	Shepherd’s Walk (Q)	Terry	3355 9765	DW	M34
17	General Meeting	Greg	3351 4092	Meet	
19	Norman Park to Bulimba Ferry	Greg	3351 4092	Stroll	M11
20	Mt Warning (Q)	Phil	5522 9702	DW ^t	M44
21	Celebratory Mass & Dinner	Russ	3374 3534	Sp	
22/23	Club Hut Working Bee	Iain	3870 8082	BC	S43
25	Movie Night	Terry	3355 9765	Soc	
29	Newstead to West End	John	0408 004 190	Soc	
30	Mt Coochin by Train (Q)	Michele	3353 2822	DW	S44
Aug 2	Coffee Night – Café 63 Wilston	Michael	0409 620 714	Soc	
5/6	Richmond Gap to Lindesay Gap	Michael	0409 620 714	TW	L44
5	Beau Brummel	Phil	5522 9702	DW	M44
10	Mt Greville (Q)	Trevor		DW ^t	M44
12	Python Rock and Castle Crag (Q)	Phil	5522 9702	DW	M33
16	Barney Mass	Michele	3351 4092	BC	S56
18	JTS – London Fields	Phil	5522 9702	Soc	
19	Club Hut Working Bee	Iain	3870 8082	DW	S43
20	Mass & Walk on Macleay Island	Maxine	3409 4001	DW	S11
21	General Meeting	Greg	3351 4092	Meet	
27	Brisbane Valley Rail Trail (Q)	Louise	0437 447 277	DW	
Sep 2	Mt Castle to Kangaroo Mountain	Iain	3870 8082	DW	L55
6	Coffee Night	Michael	0409 620 714	Soc	
7	Plunkett Hills (Q)	Phil	5522 9702	DW ^t	
8/10	Pilgrimage	Michael	0409 620 714	BC	Var
15	JTS – The Criterion Hotel	Phil	5522 9702	Soc	
16	Tooway Ck to Mooloolah River	Liz	3356 4874	DW	
18	General Meeting	Greg	3351 4092	Meet	
23	Noosa Trails (Q)	Terry	3355 9765	DW	M23
24	Spring Spectacle	Needed		Soc	
30/2	Mt Maroon	Needed		BC	
30, 1 or 2	Mt Maroon	Trevor		DW	
Oct 4	Coffee Night	Graham	3371 9623	Soc	
7 or 8	Baxter Falls (Q)	Michele	3353 2822	DW	
7 or 8	Brisbane Open House	Greg	3351 4092	Soc	
14 or 15	Retreat	Michele	3351 4092	Sp	
16	General Meeting	Greg	3351 4092	Meet	
19	Shipstern (Q)	Phil	5522 9702	DW ^t	
20	JTS – La Dolce Vita	Phil	5522 9702	Soc	
21	Bohgaban Falls	Needed		DW	
28	Toombul to Sandgate	Phil	5522 9702	Soc	
29	Ithaca & Enoggera Cks Circuit	Liz	3356 4874	DW	
Nov 1	Coffee Night	Michael	0409 620 714	Soc	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Grant that in the days that lie ahead we may grow wiser, stronger, more mature and more aware of the good qualities and the needs of others. Amen
(Johnson 1986:38)



COMING EVENTS

TRIPS leave from St Brigid’s car park at 78 Musgrave Rd, Red Hill.

The “**Leaders Guide**” is on the web at:
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination Form from the Club’s web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declares you a Member of the Club.

LEADERS

If you make changes to your walk, such as date, where, or cancel it – please tell Michael
Ph: 0409 620 714.

**SATURDAY 15th JULY
SHEPHERD'S WALK (Q)
DAY WALK**

Leader: Terry 3355 9765.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 6.45am.
Cost: \$10 + \$20 (car pool),
\$2 + \$20 (private).
Grading: M34.
Location: In the Kerry Valley near
Beaudesert.

Web:<http://beaudesertmuseum.org.au/main/images/stories/pdfs/shepherds%20walk%20web%20flyer.pdf>

This event is run by The Beaudesert Historical Society. They provide the Leader and Tail End Charlie. There are usually over one hundred walkers on the event and the pace is determined by the slowest walker as there is a great range of fitness and ability. Numerous rest breaks are taken and we have morning tea, (which you need to bring), on the saddle of the Gin Broken Range before we commence our descent to the famous Sausage Sizzle Lunch which The Historical Society provides.

During the walk excellent views of the surrounding countryside can be had. A number of areas in which we walk can be seen. As usual, the countryside is looking quite spectacular. (So don't forget your camera.)

I believe that all our members are capable of doing this short walk and it is my wish that all our members do it at least once. You should not delay doing this walk as I do not know how many more years it will be staged, particularly as many of the volunteers are quite elderly.

Even though this is a short walk (about three and a half hours) it is mainly off track with some long grass and uneven ground along with a steepish climb followed by a descent. At the end of the walk there is a water crossing where, unfortunately, you will get your feet wet. (The fact that I continue to do this walk even though I get wet feet, speaks volumes about how great I think this walk is.)

The Sausage Sizzle Lunch is supported by the famous damper and syrup washed down with tea, coffee, cordial or water. There is usually plenty of food including some home baked cakes and biscuits. (The cakes and biscuits are

sometimes hidden, but if you watch me, you should not miss out.)

The Historical Society provides the busses to take us to and from their complex in Beaudesert to a monument in the Christmas Creek valley where a short informative address is given on the significance of the Shepherd's Walk and the era of Chinese shepherds in the area. Then the busses take us a little way down the valley to where the walk starts. After lunch, (all too soon), the busses return us to Beaudesert, thus allowing us to return to Brisbane before dark. No coffee stop is made as usually, everyone is too full.

I highly recommend this walk as The Historical Society is famous for their country hospitality, the views are spectacular and the food is most enjoyable. What more could you want? The Historical Society does an excellent job of running this event. They charge \$20.00 for the bus trip and lunch and our club charges \$10.00 for car-pooling. Children are half price and non-walkers can wait at the lunch spot. I am sure that you will enjoy interacting with walkers from other clubs and areas. This walk has become an annual event for our club. The Historical Society has been running this walk for over a quarter of a century.

You will have to bring your own morning tea and water. Also, most importantly, you need to nominate ASAP as numbers are needed for catering purposes. I look forward to your company on the day which I am sure you will enjoy.

**MONDAY 17th JULY
MONTHLY MEETING**

Contact: Greg 3351 4092
Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Web:<http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

This month we have a special guest speaker – one of our own. Russ Nelson will talk on the recent Club trip to Galilee walking the Jesus Trail. Come along to hear him describe the walk, the countryside, the local people and the experience. Jan, Russ, Liz and Phil Kearns walked in the countryside near Lake Tiberias with visits to other parts of the country.

Russ will have photos of the walk to accompany his talk. Come along to hear and learn about an area that few of us have been to let alone done a long walk through.

**WEDNESDAY 19th JULY
NORMAN PARK RAIL STATION to
BULIMBA FERRY
EVENING STROLL**

Leader: Greg 3351 4092.
Meet at: Norman Park Railway Station – Outbound Platform, The Cannon Hill/Wynnum/ Cleveland Line.
Time: 4:30pm.
Cost: Free.
Grading: M11.
Distance: 4.5kms.
Duration: 1½ hours.
Location: Norman Park & Hawthorne.
Emerg Off: Greg 0418 122 995 – take this number with you.

This walk takes us through the back streets of Norman Park to Wynnum Rd, and then down to the River via the back streets and then along the walking path along the River to the Ferry Terminal. Get the “60” back to the City.

**THURSDAY 20th JULY
MT WARNING (Q)
DAY WALK**

Leader: Phil 0416 650 160.
Meet at: St Brigid’s Car Park, 78 Musgrave Road, Red Hill.
Time: 7.30 am
Cost: \$25 (car pool), \$2 (private).
Distance: Approximately 9 km.
Grade: M44.

Mt Warning is the spectacular mountain just over the border in NSW. It is track walk, however, it is a bit steepish with a rock scramble near the top. The walk is a short return trip of about 9km (4-5 hrs) with a height gain of about 800 metres. The summit height is

reputedly 1,159 m. Bring the usual day walk stuff and some warm gear as it will be cool on top. Great views from the top.

The Mt Warning walking track was closed due to storm damage from ex tropical cyclone Debbie (31-3-2017) .Fortunately the Summit track was reopened on Monday 29 May 2017.

If Mt Warning is closed again the alternative plan is to do a walk up at Binna Burra. The walk will be to Mt Merino which is a medium graded track walk (22 km).

**FRIDAY 21st JULY
CELEBRATORY MASS AND SUPPER**

Event: 10th Anniversary of Russ Nelson’s Ordination
Address: Our Lady of the Rosary Church, corner Moggill and Kenmore Roads, Kenmore (Enter from Kenmore Road)
Time: 7:00pm
Format: Mass (Principal Celebrant – Bishop Brian Finnigan) followed by supper.

On 21 July 2007 I was ordained as a Deacon, with the ordaining Bishop being the Most Rev Brian Finnigan. Ten years have now passed and a Mass is to be held to mark the anniversary. Because deacons are usually much older than when men are ordained as priests, the 10th anniversary is the first major anniversary which is celebrated. If we waited until the 25th anniversary as is the custom with priests, many of the deacons would have died.

This celebration replaces the normal JTS event, held on the 3rd Friday of the month, and regular attendees of JTSs can be assured that the usual faire will be available. Please RSVP to the Parish Office – ph 3878 6655 or kenmore@bne.catholic.net.au by Friday, 14 July 2017.



LARGE GREENTREES WEST OF THE MAIN RANGE

**SATURDAY TO SUNDAY
22nd TO 23rd JULY
CLUB HUT WORKING BEE
WALK-IN BASE CAMP
(optional DAY WALK)**

Leader: Iain 3870 8082.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 6.30am Saturday.
Cost: \$20 (car pool), \$2 (private).
Grade: S43.
Emerg Off: Justin 0417 710 371.

We have recently had the hut's 50th anniversary. It was a great occasion and the hut was looking spic and span after a working bee the week before. But in hidden corners the years have taken their toll, there is some significant carpentry to be done. A rotted fascia on the northern side needs replacing (which will mean removing and then refastening the guttering). We will also be replacing a thin metal downpipe with a much larger diameter plastic one, which should do a better job of draining the lower gutter between the hut and the chimney. There is more painting to be done, including on the roof.

So this is a major working bee where we can make an impact on the jobs needing doing. We would like a really good roll up to achieve this, so seriously think about coming either for the weekend or for a day. All are welcome, as a wide range of skills and abilities would be useful. If you are worried about what you can do there are several skilled people to direct you or simpler tasks to do. Mike Wood will be driving in to the hut on Saturday morning taking in timber, materials, power tools and a small generator. As always there is the usual maintenance: the hut will need a good clean, the paddock a good weed and the grass cut. Apart from the usual stuff for day walks or base camps, secateurs and gardening gloves could be useful or other tools. When you talk to me I'll let you know if you need to bring anything in.

If you would like to go in just for the day let me know well in advance so we can possibly organise car-pooling. Hut working bees are usually relaxed and convivial occasions with some getting stuck into the hard yakka and others working for a bit and then relaxing and enjoying the surroundings. There is always the chance for a visit to the Lower Portals though a dip in the creek would be rather chilly at this

time of year. The hut is always a wonderful place to be, even if you're working, so join me for a great weekend.

**MOVIE NIGHT
TUESDAY 25th JULY
SOCIAL**

Leader: Terry 3355 9765.
Meet at: Balmoral Cinema,
Oxford Street, Bulimba.
Time: 5.00pm onwards for dinner.
Cost: \$6.50 (Adults), \$5.50(Conc) +
Dinner (optional).

Our next movie night sees a change of pace with the romantic comedy, "Paris Can Wait", starring Diane Lane, Arnaud Viard and Alec Baldwin, on the agenda. Hopefully, there will be a session time around the 6.30 mark. With our favourite cinema, the Balmoral in Oxford Street, Bulimba having six screens, I am sure that, regardless, there will be a movie and session to suit everyone. I know that "Dunkirk" will also be showing.

"Paris Can Wait" is a short film (92 enchanting minutes) which tells the story of the wife of a movie bigwig who travels to Paris by road with a Frenchman who is an associate of her husband. Along the way, she is introduced to the food, wine, art and sheer beauty of his country encountered on the two day road trip. Some of us gather around 5.00 at the Coffee Club for a meal before the movie. Hopefully, after the movie, we can stay for a coffee and debrief in the Cinema Cafe. I look forward to your company on the night. as we once again patronise Brisbane's cheapest cinema. (Full price tickets are only \$6.50 whilst Concession tickets are \$5.50.)

**SATURDAY 29th JULY
RIVERSIDE BIKE RIDE
NEWSTEAD TO WEST END &
RETURN**

Leader: John 0408 004 190.
Meet at: Newstead House.
Time: 8.45 am.
Distance: Approximately 34 km.
Grade: Easy.

John Hood is the new leader for this trip as Phil has to drive down to Victoria this weekend.

This will be the first bike ride for the year. This is a fairly easy ride along the pathways and bikeways beside the river.

The plan is to ride from Newstead House to Orleigh Park at West End. We start at Newstead House below the Eagle sculpture. We then ride along the riverside boardwalk, then through New Farm, along the new pedestrian walkway (that replaced the floating walkway) then past the Gardens, over the Goodwill Bridge, through Southbank and on to Orleigh Park for a late morning tea.

I plan to return via the same way. But if people would prefer to catch the ferry back that option is available. I hope to finish before 1 pm.

SUNDAY 30th JULY MT COOCHIN BY TRAIN (Q) DAY WALK

Leaders: Richard & Michele 3353 2822.
Meet at: Roma St Railway Station
8.33am or Petrie 9.09am or
anywhere in-between (express
Northgate to Petrie).
Cost: Go Card Fare \$8.26 from Roma
Street each way,
\$4.77 from Petrie (Concession
half price) plus \$2.
Grading: S44.
Emerg Off: Michele 3351 4092.

The twin peaks of Mt Coochin are the most northerly of the Glasshouse Mountains. At only 235metres, they are a relatively short climb however provide the best views of the other mountains in the area. We will have a morning tea break immediately after we get off the train with a bench seat and toilets close by and then commence the walk following walk ways, bikeways and estate easements to access Mt Coochin.

There is a distinct foot pad which is quite steep before we reach east peak. After a short break taking in the fantastic views, we will make our way down to the saddle following a rocky ridge and up again to west peak. The climb up to west peak is very short and here we will have our lunch and once again take in the exquisite views, north, south, east and west. After lunch we will descend down the western slope till we meet up with a fire trail which circles around the peaks until we return to the start of the climb. We will then return to central Beerwah where coffee will be enjoyed at Vianta's cafe before

we board the 3.41pm train back to Brisbane getting into Roma Street at 5.03pm.

The walk is suitable for beginners who want to test their skills descending and ascending rocky slopes. The club doesn't often walk in this area, so come and join us for this classic walk close to Brisbane.

WEDNESDAY 2nd AUGUST DINNER & COFFEE NIGHT SOCIAL

Leader: Michael 0409 620 714.
Meet at: Café 63, 83 Kedron Brook Road,
Wilston.
Time: 6.00 pm for dinner or
7.30pm for coffee.
Cost: Your choice – visit their website
for their menu.
Web: <http://cafe63.com.au/our-locations/>

We like Café 63 so much we are going to check out another one next month. This time we are going to Wilston. Check out their website.

Join me for either a meal and a chat of just a coffee and a chat.

SATURDAY TO SUNDAY 5th TO 6th AUGUST RICHMOND GAP TO LINDESAY GAP THROUGH WALK

Leader Michael 0409 620 714.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$20 (car pool), \$2 (private).
Distance: Approximate 30kms.
Grade: L44.

This is a great walk along the McPherson Range. The range forms the border between NSW and QLD and thus follows the rabbit fence. The route is therefore reasonably maintained and presents little difficulty unlike other sections of the fence.

After completion of the car shuffle we start the walk at Richmond Gap on the Lions Road. The Interstate Rail line passes below us as we head west along a mainly cleared ridge. After a couple of hours we reach Long Creek Falls, our water stop, before continuing for a further 1½ kms to what is known as the Avocado Farm. This farm has some of the best views in SE QLD. Our camp for the first night will be about an hour from the farm.

The next day is hillier as we climb over Mts Tanna and Glennie but nothing too strenuous except for the descent off Glennie. Very steep and often slippery. Then it is but a gentle walk down to the waiting car.

Ring me to discuss the walk.

SATURDAY 5th AUGUST BEAU BRUMMEL DAY WALK

Leader: Phil 0416 650 160.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 7.30 am.
Cost: \$20 (car pool), \$2 (private).
Distance: Approximate 8km.
Grade: M44.

Mount Beau Brummel is a double peaked mountain just 40 kilometres south west of Ipswich and 20 kilometres south of Laidley. This mountain is at the northern end of the Little Liverpool Range. Some people regard this mountain as the start of the Scenic Rim which swings around through the Main Range and the MacPherson Range to the Gold Coast. There are lovely views of the surrounding countryside from the summit.

This is an off track walk, but is mainly grassy paddocks with the occasional grass tree or gum tree. It is an uphill walk but not too hard. There are some steep sections with crumbling gravel under foot so I suggest you bring a walking pole.

The walk is a short loop walk of approximately 7 km (4-5 hrs) with a height gain of 400 metres. The summit height is reputedly 707 metres but it has a different height on different maps.. The height gain is about 500 metres.

I plan to replicate the route that the Club did back in July 2013, when Justin led this walk. We will start on the eastern side and do a loop to encompass the three peaks. (There is a third peak or knoll which is much lower than the two main peaks.)

Bring the usual day walk stuff. We will probably go back to Rosewood for "coffee" after the walk

This walk is a recent addition to the walking program as there was a shortage of peak walks in the lead up to the Barney Mass and I asked for this walk to be put on so I and others could gain some fitness for the Barney Mass walk.

HISTORY NOTE - George Bryan "Beau" Brummel (7 June 1778 – 30 March 1840) was an iconic figure in Regency England and a friend of the Prince Regent, the future King George IV. He established the mode of dress for men that rejected ornate fashions but rather adopted an understated fashion of perfectly fitted and tailored suits. It was based on dark coats, full-length trousers rather than knee breeches and stockings, and above all immaculate shirt linen and an elaborately knotted cravat. He is regarded as the originator of modern men's suit, worn with a necktie. The style of dress was also referred to as "dandyism".

THURSDAY 10th AUGUST MT GREVILLE (Q) DAY WALK

Leader: Trevor.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Depart: 7.00am.
Cost: \$20 (car pool), \$2 (private).
Grade: M44
Location: Mt Barney National Park

Mt Greville is part of the Moogerah Peaks National parks and is about 770 metres high. There are 3 main routes on Mt Greville, being Palm Gorge, Southeast Ridge, and water fall Gorge. Our walk will begin at the carpark on Mt Greville road ascending Palm Gorge.

The track itself is littered with palm fronds exposed roots and loose rocks, however the rewards are great with the sheer cliffs and beautiful palm trees. We will stop for a break at the top of the gorge where there is a rocky patch and the terrain levels out, we can enjoy the views to Spicers Peak, Moogerah, and Mt Moon, we then follow the track to the summit for lunch.

After lunch, we retrace our steps, back down the mountain to where the levelled out rocky patch is, and take the left track where there is a cairn to the southeast ridge which basically is in between waterfall gorge and palm gorge. The ridge is mostly open forest with rocky outcrops giving good views of Mt Moon and Moogerah to the Northeast. The track is mostly easy to follow with some steep sections with loose rock and we will back to our starting position at Mt Greville carpark by about 2.30pm.

Come on and experience a beautiful mountain and all that it has to offer. Walkers need to be agile, with good fitness, as some of the walk may slippery with loose rocks, and plenty of obstacles.

**SATURDAY 12th AUGUST
CASTLE CRAG, PYTHON ROCK &
LUKE'S BLUFF
DAY WALK**

Leader: Phil 0416 650160.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 7.30am.
Cost: \$20 (car pool), \$2 (private).
Grade: M33.
Distance: Approximately 14kms.
Emerg Off: Sue 5522 9702.

A lovely mountain top walk in mid-winter. The walk is a mix of graded track, gentle bush tracks and grassy paddocks with a creek crossing. The vegetation is a mixture of rainforest, eucalyptus woodland and grassy paddocks. There are several vantage points close to cliff lines so care is required. Hopefully the skies will be clear so we can revel in the glorious views of the Scenic Rim.

In south east Queensland we usually don't get much of a winter so we are going out of way to revel in the cooler conditions by going to O'Reilly's which is about 930 metres above sea level and it can be very cool on winter mornings. Hopefully it will be a sparkling winter's day and give us a chance to wear a beanie and a scarf.

The walk is to one of the Club's favourite venues of O'Reilly's. We start and finish the walk at O'Reilly's and do a very jagged loop walk commencing with a walk down the Wishing Tree Track, across to Balancing Rock, Castle Crag, then to Morans Falls, Python Rock, Pat's Bluff, Bridal Veil Falls & Luke's Bluff and back along the road to O'Reilly's. Expected distance about 14 km.

Bring your usual daywalk stuff and a head for heights. Also it could be very cool so bring a warm jacket and a beanie and scarf.



**WEDNESDAY 16th AUGUST
BARNEY MASS
Exhibition Wednesday
OVERNIGHTER Tues 15th & Wed 16th
And DAY WALK Wed 16th**

Leader: Michele 3351 4092.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Nominate by: Saturday 12th August.
Time: 5.15am at Red Hill for
Peasant's Ridge,
7.00am at Yellowpinch – for
Peasant's Ridge.
Cost: \$20 (car pool), \$2 (private).
Location: 28° 16' 56.35"S; 152° 43' 58.12"E.
Web: <http://www.nprsr.qld.gov.au/parks/mount-barney/index.html>
Emerg Off: Greg 0418 122 995. I will be staying at Mt Barney Lodge from Tuesday evening and there is no signal.

Whatever option you choose, please let me know.

Mobile Phone Signal: Part way along Upper Logan Rd, mobile phone signal drops out – if you need to ring, do so while on the highway. However, I will be staying at Mt Barney Lodge where there is no signal.

THE LOGISTICS:

Anyone with medium fitness can do this walk, especially Peasants (South) Ridge.

Everyone in the Club should attend at least one Barney Mass in their career, and we are not getting any younger so now is the appropriate time.

If you cannot make it to Red Hill on Wednesday morning or to Yellowpinch, let me know as this should not be an obstacle to you experiencing a Barney Mass.

Visitors, family, friends, past members, older children & their friends are all welcome.

We have 4 choices for transport there –

1. Go Tuesday evening and stay/camp in the Mt Barney area – like some do – this is becoming the more popular option.
2. Go down independently on Wednesday morning (picking up friends along the way perhaps),
3. Leave from Red Hill at 5.15am on Wednesday,
4. Go with the Club Wednesday morning and be picked up along the way.

Option 1: Some of us camp at Larkin's Mt Barney Lodge, 1093 Upper Logan Road, Barney View, Ph: 07 5544 3233, info@mtbarneylodge.com.au Book now as space is limited. You should try to get a car load of walkers yourself so that you are not driving alone. You can go down independently of the Club in the one car. Let me know what you decide so we can expect you there in the morning.

The Club is not arranging the Tuesday evening travel or camping – you will need to do this yourself.

Option 2. Arrange with friends, pick up each other along the way and head off down the highway. However, you have to know the way to the Yellowpinch parking area. Arrange among yourselves where to meet. You have to leave the western outskirts of Brisbane 90 minutes prior to your walk commencing. No stopping along the way. Reimburse the driver yourselves.

Option 3: We can have a driver pass through St Brigid's if we know you will be there. Make sure you tell me you want a St Brigid's Red Hill pickup – if no one tells me I won't arrange a car to go past.

Option 4: being picked up can be arranged – with members living all over the place the aim is for you to drive to a central location out in the suburbs along one of the roads that lead to Barney. So, unless you do not have a car, you will have to meet at a central spot. I will tell you where to meet – it won't be at home but will be along the way between the city and Beaudesert.

The Red Hill option will leave at 5.15am for the Peasant's walkers – too late for the other Ridge walkers. It is approx a 2 hour drive.

Those travelling independently must be at the Yellowpinch Car Park in time for their walk's departure. Walks of this nature cannot leave Yellowpinch late.

Look at the web site:

<http://summitstories.blogspot.com/2009/05/mt-barney-south-east-queensland.html> and read the general details, and those specifically about South Ridge.

Could all walkers doing the Barney Mass please nominate to me so that I have a full list of:

1. who to expect,
2. how they are getting down,

3. do you need help getting to Yellowpinch,
4. what time leaving Brisbane,
5. what day are they coming,
6. who they are coming with,
7. what ridge you are doing,
8. your mobile number, and
9. who is leading your party.

What to bring:

Mt Barney is a unique mountain which creates its own weather.

Bring the normal items: morning tea, lunch, goodies, hat, camera,

Plus: rain protection, torch, something to keep you warm, more water than normal, good shoes with good grip, torch. Did I say "a torch".

And: good night's sleep Monday; early to bed Tuesday; a decent breakfast Wednesday; an open mind; willingness to put up with conditions and a sense of humour.

THE WALKING:

SOUTH (*Peasant's*) RIDGE

Leader: Greg 3351 4092.

Meet at: The Yellowpinch Car Park
OR St Brigid's Car Park,
78 Musgrave Rd, Red Hill.

Time: At Yellowpinch
Carpark at 7.00am
OR 5.15am at Red Hill.

Cost: \$20 (car pool), \$2 (private).

Grading: M56.

Location: 28° 16' 56.35"S; 152° 43' 58.12"E

Web: <http://www.nprsr.qld.gov.au/parks/mount-barney/index.html>

Nominate by: Saturday 12th August.

Walk Times: 7.00am at Yellowpinch.

Web: http://www.everytrail.com/view_trip.php?trip_id=335188

Emerg Off: Greg 0418 122 995. I will be staying at Mt Barney Lodge from Tues evening and there is no signal there.

The walk starts with the climb along the road over the Yellowpinch Ridge – a short sharp walk uphill along an eroded road. We then follow the road along the flats and over/through the toe deep Logan River. The party stays on the road another 15 minutes, then branches off onto a degraded and washed out minor road. This heads gradually uphill for 60 minutes through open eucalypt, and some rainforest, and then flattens out. Past storms have caused minor landslides and eroded out the few gullies.

At the end of this trail the track then takes a sudden right turn and then goes up and up and up Mt Barney proper. The track is steepish, is dirt or rock (or even boulders) amongst eucalypt; though eroded in places. National Parks have put in new stretches of track around the worst bits. It is a constant up with a few flat places on the ridge and several good lookouts along the way.

Half way up there is a 6m steeply inclined rock slab to get up – but there is a crack in the rock to use as hand & foot holds. The oldies will help you over this obstacle. Soon after there is a chimney (a large crack in the rock a person can fit in) to go up – just like going up a steep set of steps.

Finally you go down a bit and into Rum Jungle, which is the rainforest covered saddle. You go through this to the flat sunny rock slab where we will have lunch, before partly heading up East Peak – about 200m. Then a bit of bush bashing to get to our rock which is the Mass site – well-hidden on the unused side of East Peak.

All this is about a 700m climb taking 4 to 5 hours. We have lunch first, then Mass at 12.45pm.

Everyone comes down South Ridge (Peasants) - it is the reverse of going up – just that it takes only half the time. The steep bits are manageable. The “steps” are steep and the rock slab you can sit on to work your way down. Going down can be a bit tricky and slow if the track is wet.

The walk out on the trails and road, for the slower ones, could end in the twilight. So ensure you bring a torch.

SOUTH EAST RIDGE

Leader: Please Volunteer ASAP.
Meet at: Yellowpinch Car Park. (No St Brigid's option).
Time: 6.45am.
Grade: M56.
Cost: \$20 (car pool), \$2 (private) OR reimburse your driver.
Location: South west of Brisbane near the NSW border.

Web: <http://summitstories.blogspot.com/2009/05/mt-barney-south-east-queensland.html>

Emerg Off: Greg 0418 122 995. I will be staying at Mt Barney Lodge from Tues evening and there is no signal there.

You walk for half an hour along the old timber road, perhaps getting your feet wet when crossing the Logan River (really a small creek) just before leaving the road. The unformed trail now follows the ridge through the undulating open eucalypt foothills – a series of ups and downs until you get to the ridge proper.

There is a small 2m cliff to get up at the start of the real climb. Then you are going up a 30° or more ridge for the rest of the way. Of course, there are flatter sections and steeper sections. A lot of the way is through rocks in long grass, low scrub, and rock slabs. There are a few rock gullies to cross. And another small cliff to get up. At one point you are walking for a few minutes beside the edge of and above the 300m cliff of the East Face. After several false tops and some wading over rock slabs and minor cliff lines, you reach the top. Here you are welcomed to stunning 360° views of all the surrounding mountains, peaks & hills.

Then you have to make your way down to the saddle and the Mass site. There is a brush trail to follow; now a bit overgrown with low scrub, and some well used cliffs, slopes and slabs to come down.

The total height gain on this ridge is 1000m and you get to the top of East Peak – the top of Mt Barney. It takes about 5 hours, with a further 1 hour to the Mass site, approx 300m lower.

The way back to the cars is via South (aka Peasant's) Ridge.

If anyone wants to do another ridge, please let me know.

Whatever option you choose to take to get to Yellowpinch on whatever day, and which route you choose to get to the top, let me know. We need to know for safety reasons who are on the mountain, where and when. Greg

(Editor's note: There may be one of the harder ridges attempted on the day, possibly South East or Logan's; but it depends on the weather forecast. Stay tuned for updates.)



**FRIDAY 18th AUGUST
LONDON FIELDS
JOHN TOOHEY SOCIETY**

Leader: Phil 0416 650160.
Address: Corner of Montague & Raven St.,
West End.
Time: From 4pm till 8ish.
What For: A chat, a beverage and a meal.
Web: <http://londonfields.com.au/>
Emerg Off: Phil 0413 307580.

The Club has a regular gathering for a social drink and a chat on the third Friday of the month.

For the month of August we are going to a new venue at West End called London Fields. This venue was recommended by Russ.

The website describes it as follows:

“London Fields is a cool white English-style gastro-pub tucked away in a revamped retro building in an off-the-beaten track corner of West End.”

Transport from the City is on Bus Route 60 which goes down Adelaide Street (you can catch the bus from Stop 43 which is near City Hall) it goes across the Victoria Bridge and stops along Montague Road. I think the nearest set down/stop is stop 10 which is at Victoria Street and then it is a walk for 3 blocks. The bus services run every 10 minutes.

Come along and see a different part of Brisbane.

**SATURDAY 19th AUGUST
CLUB HUT WORKING BEE
DAY WALK**

Leader: Iain 3870 8082.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 6.30am.
Cost: \$20 (car pool).
Grading: S43.
Location: Mt Barney area.
Emerg Off: Greg 3351 4092.

We will be going in for the day to do some work on the hut. The main task will be to make sure that the hut and its surrounds are fully prepared for any possible bushfire season. We could also be continuing the painting and maintenance work started at the last working bee. There are a range of jobs to do from removing lantana

and weeds, cutting grass, clearing roof gutters, cleaning, painting and carpentry.

It is such a lovely spot and a day there, whatever I am doing, always lifts the spirits. Some people work most of the time, while others will do some work then relax a bit and go for a walk to the Lower Portals (even a couple of hours of work is better than none). I suspect that at this time of year nobody will be braving the cold waters for a swim. As well as your usual day-walk stuff, secateurs and gardening gloves could be useful. Join me for a convivial and invigorating day helping keep the hut in good shape.

**SUNDAY 20th AUGUST
MASS & WALK ON MACLEAY ISLAND
DAY WALK**

Leader: Maxine 0417 493 605.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill. OR
Redland Bay Ferry Terminal,
Banana Street, Redland Bay.
Depart: 6.45am at St Brigid's OR
7.30 at Ferry Terminal for a
7.35am ferry to Macleay Island.
Cost: \$10 (car pool) + GoCard,
\$2 (private) + GoCard.
Grade: S11
Location: Macleay Island
Emerg Off: Michael 0421 024 867.

Morning Mass at Church of the Holy Spirit before a gentle walk around the island. Rind Maxine for more information.

**SUNDAY 27th AUGUST
BRISBANE VALLEY RAIL TRAIL (Q)
DAY WALK**

Leader: Louise 0437 447 277.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Depart: 7.00am.
Cost: \$20 (car pool), \$2 (private).
Grade: L33
Distance: 19kms.
Location: Between Toogoolawah and Esk.

This section of the trail travels adjacent to camp creek crosses Cressbrook Creek, a tributary of the Brisbane River at Toogoolawah. The trail extends through farm land including lucerne, other pasture and small crops that are important to the local economy. Both town shops have many sites of historical interest

including churches, buildings and Watts Bridge memorial airfield near Toogoolawah where very events are held though out the year.

When we arrive we will drop passengers off at Toogoolawah while the drivers will do a car shuffle to Esk.

It runs parallel to the Brisbane valley high way. Here is the web site for more information www.brisbanerailtrail.org.au. Don't forget to bring the usual food and 2 litres of water

PRESIDENT'S REPORT

Over the last few months we have been seeing quite a few visitors contacting the Club. Some have come to meetings, some on walks only and a few to our socials. The number has been far larger than in the past few years over the same time period. Even a good few past members are re-establishing contact.

It is perhaps time to remember that any group only thrives when there is new blood coming in to replace the old hands who trickle out of the Club. It is up to all of us to make visitors feel welcome. We do this by talking to them, finding out who they are, why they have come along, to explain what it is that we do, and overall to be friendly and informative.

Breaking the ice is not hard – it can take only a few minutes. No one will bite your head off. Visitors are more scared of a new group, where everyone knows everyone else, where they are the one lone visitor. You are not going to have a deep & meaningful. You can still catch up with old friends at the meeting or on the walk – there is plenty of time.

It is up to each of us to talk of the pleasures of bushwalking when we are out & about. Strangers will not know about it if you remain silent. For a visitor to come across our club on the web or in a brochure is difficult as we do not do much/any advertising. Word of mouth has always been the most constructive means of attracting visitors. Knowing someone who does likes it, talks about it, is “advertising”. Finding us by Google without using any part of our name is almost impossible – try it.

When on a walk, make it as enjoyable as possible for the first (or second) timer. Yet again, talk to a visitor without droning on and boring them. Leaders – let them know what they are in for; keep visitors informed of what to expect, and allocate an experienced member to

shadow them to provide assistance. On the drive down & back, put a visitor in a car with someone who knows the art of bushwalking. Why not ring them after your walk to see how they went and are they holding up.

Communication is the key. Do not rely on Jilalan as the magnet to attract and retain visitors. Remember what it was like in your first 4 months. Treat people the way you wanted to be treated.

The secret is simple. You can do it. Communicate.

TREASURER'S REPORT

Congratulations to Greg, Anthony and Paul who were the prize winners in our first raffle for the year. Our next raffle will also have three prizes with the first being a 25L red Denali Backpack, the second a red Slimline Caribee Hydra Pack with a 1.5L T P U Bladder and the third is a green travel bag. The second and third prizes were donated by Pat Lawton. Tickets are still only a dollar each.

The club members managed to donate \$194.85 to the Little Kings. Terry.

ABOUT PEOPLE

Paul, Kerry, Benjamin and Alan are celebrating their birthdays in July. Gerry's Mount Walker walk had four visitors on it:- Donna on her third walk, Tom on his second along with Lisa and Helen who were both on their first walk with us. John, Helen and Tom along with past member Heike were visitors at our June meeting at which Lyn from Y.H.A. spoke about the Pilgrimage. Visitors are always most welcome at any of our events

OUTINGS REPORT

In this month's Jilalan you will have noticed a change to By-Law 10. Committee has approved a change to the way new members qualify for membership. New members need to demonstrate their suitability by completing two walks of a standard as specified in the By-Law. To enable new members to easily find such walks a Q will be placed beside each walk in the Jilalan and the Calendar. Of course those walks in the Calendar that do not have a Q next to them but are of a higher standard will also qualify. If there is any doubt contact me or a member of the Committee.

Hope to see you on the tracks.

Michael 0409 620714

OUTINGS STATISTICS

Date	Trip	Leader	Type	No
June 10/12	Moreton Island	Russ	BC	7
June 11	Mt Walker	Gerry	DW	15
July 1	Page's Pinnacle	John	DW	12

LEADER'S REQUIRED

September 30/2	Mt Maroon	BC
October 21	Bohgaban Falls	DW
November 4	Walk Needed	DW
December 2	Tibrogargan Circuit	DW
December 9/10	Noosa Weekend	BC

MEMBERSHIP REPORT

Susan Ware and Tom Houlihan's memberships have been accepted. Mt Mitchell was Susan's second walk and Mt Walker was Tom's second walk. We welcome both and look forward to seeing them on the track often. Julia Cowan has re-joined the Club. Welcome back Julia.

Total membership = 103.

S&T REPORT

Emergency Response Management

Last month I indicated that the magazine will include a few updates about the management of emergency situations. To do this it is simply setting out an emergency situation and putting forward a management response.

Scenario

A bushwalker has fallen down a steep slope.

- He has a piece of wood about 2 cm thick and 10 cm long is protruding from a wound in his arm.
- There is substantial bleeding from the wound.
- The patient is conscious and sitting up when group members reach him and the patient is in some pain.
- There 6 people in the group, the time is 2 pm and the cars are about 5 km away via a rough bushwalking track.

The Proposed Response

1. If it is safe, others members of the group should go down to the injured person.
2. Ensure all persons are in safe locations, before stating first aid.
3. Try to stop the bleeding by applying pressure with bandages or dressings or if necessary, with fingers, directly to the bleeding part.

4. Do not remove the object from the wound, unless it is very loose and it falls out by itself.
5. Apply more bandages and pressure over and around the wound until the bleeding stops.
6. If bleeding does not stop, first apply more bandages over the original ones. If it still doesn't stop, remove the bandages and apply new ones.
7. Put on disposable gloves if you have them.
8. Avoid cross contamination by blood into open cuts or wounds.
9. Check for broken bones.
10. After bleeding stops, tie a bandage around the dressing, the arm and the object to hold them in place. Check the circulation of the fingers is maintained.
11. An arm sling may support the wounded arm.
12. Lie the patient down and elevate the injured limb.
13. Protect from heat or cold.
14. Reassure the patient.
15. Do not apply a tourniquet.
16. Monitor for shock i.e.
 - a. cold clammy skin,
 - b. pulse becomes rapid or feeble,
 - c. changes in conscious state eg. dizziness, fainting,
 - d. sighing respiration ("air hunger").
17. If in shock elevate legs, keep the torso flat – head level with heart, do not give anything by mouth, but moisten lips.
18. Assess the situation.
19. Can the patient walk out or does help have to be brought in?
20. If the patient feels they may be able to walk out, and it appears safe to do so, return to the track, and with suitable rests begin to walk out.
21. Assist patient by supporting him and carrying him with two or three person lift. It may be possible to make a stretcher, if suitable materials are available.
22. Assess whether an ambulance will need be needed.
23. If so send some members of the group ahead to call an ambulance to meet them at the cars or other agreed place.
24. Check mobile phone reception. Remember emergency number 112 (and 000) may connect on other networks.
25. If help needs to be brought to the patient, send some members off the group to the

cars to get help, while some stay with the patient.

26. Ensure the location of the group is fully described, so the rescuers can find them quickly.
27. Leave extra clothes, food, water, torches with the remaining group, in case an overnight stay is needed.
28. An emergency fire (if it is safe) may help to keep the patient warm and assist in rescuers to find them.
29. After the rescue is completed, the leader should inform an emergency club contact, and the patient's nominated contact if known.

The above scenario is 'borrowed' from the Gold Coast Bushwalking Magazine Friends on Foot Issue No 360 from October 2006, see pages 15 and 16. They 'borrowed' the article from information provided at the Kokoda Challenge.

I cannot guarantee the above information is totally up to date but it does give some awareness of the issues involved.

From my review I noticed a few things may be out of order eg. the stage at which to put on the disposable gloves (if you have them) seems to be a bit delayed.

Also some details are glossed over eg. 'protect them from heat or cold' but no details or suggestions are provided. It also indicates you should check for broken bones but this is usually very difficult to do in the field unless a limb or finger is at a conspicuously odd angle.

There is little mention in the article about checking for other injuries and in particular assessing for head trauma.

Another major issue is at what stage you should you call for the air ambulance. It is a matter I will need to research as my initial reaction was that someone with substantial bleeding who was 5 km from the cars would probably need to be evacuated either by air or stretcher. But obviously it is a case by case approach.

Hopefully the above provides some issues to be aware of what strategies can be employed. Phil



BY-LAW CHANGE

BY-LAW 10. NUMBER AND STANDARD OF WALKS REQUIRED

(Under Rule 07.02)

- 10.01 The number of walks required prior to acceptance of membership shall be a maximum of three.
- 10.02 The standard of walks required prior to acceptance of membership shall be of an appropriate level. The standard will be determined from time to time by the Committee and would be a track walk in a national park or equivalent. There should be at least one qualifying walk per month.

NEXT YEAR'S CALENDAR

I know it's a little early this year but I will be looking at completing next year's calendar by early September. This will be a couple of weeks earlier than usual as I'm heading OS in mid-September. It will still be going before Committee in early October, be placed in October's Jilalan and go before October's General Meeting.

To have a successful calendar I need input from as many members as possible before the Outing Sub-Committee meets. This then allows us to try and meet the needs of all members. If you don't submit anything then you are not having a say and you might have to wait another year before you get another chance.

Please submit your ideas by the end of July. Use email please as I have a terrible memory and I'd hate to forget someone. Thanks Michael.

PAST EVENTS

CRONAN'S CASCADES SATURDAY 18th FEBRUARY DAY WALK

After some pretty hot weather in preceding weeks, we were lucky to score a cooler day to walk to Cronan's Cascades. We met at Red Hill at 6am. Terry phoned and said he had a flat tyre so Gerry and his crew set off and John and crew picked up Terry from his place.

We stopped at Boonah for a quick stop then headed towards Yellow Pinch Reserve via the upper Logan road arriving at about 8:30am. We set off, following the old road which takes you to the turn off South East Ridge and South Ridge. We had morning tea by the creek and

continued, and veered to the left here South ridge begins.

Thankfully the weather was kind to us and was not sweltering hot. In some sections of the track the grass was long. I warned the troops to watch out for snakes and right on cue a small snake slithered across in front of us, giving us a warning of his own.

We crossed a section of creek where there was swimming hole. We made it to the section of rainforest where the track turns right, a short way from this turn there is an indistinct track through the rainforest which leads to Cronan's Cascades. We arrived there at about 11:30am where some of us had a swim then we had an early lunch. The water level had dropped considerably in a couple of weeks with only a small flow coming over the falls. After lunch, we retraced our route back to the cars at Yellow Pinch.

Thanks to drivers Gerry, and John, and Pat and Jonas who were on the pre-outing. Those on the walk were Paddy, Terry, Gerry, John Hood, Jonas, , Sue, Pat. Trevor.

DINNER AND COFFEE NIGHT WEDNESDAY 7th JUNE SOCIAL

Five members gathered at Majo's Casual Italian Dining, New Farm, on a cold winter's evening. This restaurant offers a wide range of meals, including many authentic Italian pizzas. The drinks menu includes several Italian beers. The interior of the restaurant has a number of interesting wall decorations, some with religious significance. Patronage was good, despite the cooler weather.

Thanks to Liz, Greg, Terry, Barbara, and Graham for supporting this coffee night.

CENTRAL MORETON ISLAND SATURDAY TO MONDAY 10th TO 12th JUNE THROUGH WALK

Originally this was to be a Basecamp but due to the unavailability of 4WD taxis because of maintenance work on the Brisbane to Moreton Island barge, it became a Through Walk. The walk was designed to be a joint trip with the Catholic Walking Club of Victoria (CWCV). Moreton Island was selected to offer the Victorians a walking experience which was not available in their home state.

Our Victorian walkers arrived on Friday, 9 June and were billeted in Club members home. For one brief moment rain drops appeared on Friday afternoon. Was this a sign of things to come? On Saturday morning we caught the 7.00am service to the Island. We were required to arrive at the wharf an hour beforehand so most of us woke up shortly after 4.00am.

We crossed Moreton Bay using the Tangalooma Flyer which departs from Pinkenba and arrives at the Resort on the western shore of the island. The Flyer, although it costs a little more, is faster than the barge plus it is much closer to the airport and so allows for a quick ferry to airport transfer.

On arrival on the island we registered as "Casual Day Visitors" which gave us legal permission to be in the Resort grounds. We repeated the process on our return on Monday and this gave us permission to use resort facilities such as showers.

So we began walking on Saturday at 9.00am and headed for "The Desert" which is a patch of sand just south of the Resort. The track proved to be firm but high steps proved to be a challenge to those who are vertically challenged. Crossing The Desert made us recall images of *Lawrence of Arabia*. Then we traversed south-easterly across the island to the Rous Battery which is a series of concrete bunkers built in response to World War II. The route follows an old road which is now closed off to vehicular traffic. We arrived there in the late afternoon and had enough time to pitch our tents and have a swim. We completed cooking dinner prior to some light rain arriving around 7.00pm. That night there were the occasional squalls and the last one finished shortly after 7.00am.

Sunday proved to a beautiful sunny day. Before starting walking we gathered for a Liturgy of the Word and marked Trinity Sunday. Then we headed north along the eastern shoreline assisted by a tail wind. We only wore our rain gear for one brief shower. Lunch was had at Eagers Creek and then we decided to relax, drink tea and swim in the Pacific Ocean which the Victorian walkers found to be very pleasant. Again rain, ever so lightly, arrived just after we finished dinner. So we settled down to 12 hours of being horizontal in our tents, hoping lots of sleep would come.

Monday arrived with grey skies but as the sun rose the grey parted and a beautiful blue sky appeared. We walked to Mt Tempest (280m) – the world's highest sand mountain. The view on top was spectacularly clear as the rain in Brisbane, most of which we had missed, had made the air crystal clear. We then returned to *Middle Road* and walked the easterly road, which is an engineered road and so the walking is fairly firm under foot. When we got close to the western shoreline we headed south along some soft sand roads until we saw some houses. We climbed to the houses and then descended into the Resort and found the café and the showers.

Our ferry crossing back to Pinkenba was quick and featured a specular red sunset as well as two rainbows. My thanks to Jan, Ineen and Allan from CWCV plus Phil, Jan and Maria from our own Club. Russ.

MT WALKER SUNDAY 11th JUNE DAY WALK

The walk was held on a overcast day with rain threatening, we left Red Hill on time in 3 cars (15 People) hoping that the rain on the way would run away when we arrived. When we arrived at the Farm where we were to start the walk the rain had stopped. We set out over fences and paddocks, looking at the beautiful lay of the land. We followed a old track that would take us close to the start of the climb on the north side of the mountain. We had morning Tea at the base of the Ridge that would take us up to our destination.

After Morning Tea, instead of walking around to the bottom of the Ridge, I decided to climb up the side of the ridge. This was steep and several people had a bit of difficulty getting up but it was just a prelude of what was to come. A couple of visitors on the day had not climbed before so Liz and Terry assist those on the trek up the steep ridge. We had several stops to catch our breath. The mountain was only 470 metres but it still was challenging to several people.

When we arrived near the top the rock face we had to climb over was too slippery to get over. This after Liz, Myself, Lisa, Richard & Terry ventured higher to see if it was safe to continue. So we decided to call the Top where we got to that day.

On the way down we ventured eastward and got to a cliff line. Liz ventured out to find a way down. We got down via a shallow drop onto another level we were found another steep ridge to the bottom. I want to congratulate the visitors on the day as they showed great resilience to get down. Terry assisted Tim on the way down.

We soon found a spot to have lunch and it promptly started raining. After a restful lunch we headed off to the Cars. It was beautiful walking over hills and gullies seeing kangaroos scamper off as we approached. The rain had stopped and we could see the Cars in the distance, so it was easy to navigate. It has been a long time since we were able to enjoy the journey home with all the beauty around us.

We arrived back at the Cars at 1:30pm and back at Red Hill just after 2:30pm. The photo shows what we faced to get to the Communication Towers.

The walkers on the day were: Gerry, Louise, Rusty, Tim, Terry, Michelle, Richard, Liz, John, Paddy, Therese, Visitors: Lisa, Tom, Helen, Donna.

MOVIE NIGHT TUESDAY 13th JUNE SOCIAL

Our last movie night was organised at very short notice (six days) which could account for the record low attendance. The only losers were those who were not there as "Churchill" was very well done with superb acting particularly by Brian Cox in the lead role, ably supported by Miranda Richardson as Clementine Churchill. The movie depicted Churchill's struggles in the lead up to the D-Day landings, haunted by his memories of his disastrous Gallipoli campaign.

We all enjoyed the movie which was based on historic events. Three of the group gathered at the Coffee Club for a meal before the movie and all four of us stayed for a coffee and debrief in the Cinema Cafe after the movie.

Thanks to Liz, Greg and John for joining me at short notice. Please keep an eye on your e-mails for notice of our next movie night which is now set for the 25th July with an article in this magazine. Terry.

**BAVARIAN BIER CAFE
FRIDAY 16th JUNE
JOHN TOOHEY SOCIETY**

A lovely venue with a good rollup.

It was lovely vibe and atmosphere. We had a nice spot outside with a view over the river. The place was virtually full but wasn't too noisy.

The beers were very good with several craft beers on offer with interesting names. The beers were cheap at \$5 and the favourite meal

was the hamburger for \$10. The craft beers were – Munich Lager, Blonde Moment Lager, The Butchers Bride Pale Ale, Devils Daughter, Redbock dark ale, Hop Dock Wheat Beer & Firecracker Blonde.

We had main meals at the Bavarian Bier Cafe then went downstairs to the almost deserted Coffee Club at 6 pm for coffee and desserts.

Those there were Phil, Graham, Liz, Anne, Russ, Jan, Mike, Cathy, John & Peggy. Kylie, Michael, Karen & Joshua. Phil.

HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$20; Associate Members: \$16; Spouse Members - Ordinary: \$20;
Spouse Members – Associate: \$16; Country: \$20.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is an additional \$25 cost for Ordinary and Associate Members who elect to receive a printed Jilalan with the exception of Life & Honorary Members. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

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E-Mail	briscathbushclub@yahoo.com.au	
Web	www.bcbbc.bwq.org.au	
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Vice President	Michele	3351 4092
Treasurer	Terry	3355 9765
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Membership Officer	Liz	3356 4874
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Social Secretary	Vacant	
Safety & Training Officer	Phil	5522 9702
“Jilalan” Editor	Michael	0409 620714
Artist in Residence	Iain	3870 8082
Bushwalking Queensland	http://www.bushwalkingqueensland.org.au e-mail: info@bushwalkingqueensland.org.au BWQ Blog: https://www.aussiebushwalking.com/	
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Mt Greville

EDITOR'S NOTE

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you “borrow” any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month’s Jilalan and copy that format – especially the “headings” in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is “Arial”, Font Size is “12”, though Date, Name of Event & Type are “14”

Triple Zero Awareness Work Group (TZAWG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAWG launched a free smartphone app: Emergency*. TZAWG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help.

Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAWG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

If undeliverable return to
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