

**BRISBANE CATHOLIC BUSHWALKING CLUB Inc**  
 PO Box 31, RED HILL, Qld 4059

## CALENDAR OF CLUB EVENTS 2011/12

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See the Bottom of This Page for the Walk Grading Key

Today Is

Date	Event	Leader	Phone	Type	Grade
Jan 26	West Canungra Creek	Phil	5522 9702	DW	M33
26/29	Bald Rock/Boonoo Boonoo Area	Justin	3366 3193	TW	M44
Feb 4	Tooloona Creek Circuit	Liz	3356 4874	DW	M33
11	Summer Creek	Justin	3366 3193	DW	M55
17	John Toohey Society – Little Larder Cafe	Phil	5522 9702	Soc	
18	Kangaroo Point to Brett's Wharf	Phil	5522 9702	Bike	
20	BCBC Meeting – AGM			Meet	
25	Byron Bay	Phil	5522 9702	DW	S22
Mar 2	James Boag's Society	Liz	3356 4874	Soc	
3	Mt Greville	Justin	3366 3193	DW	
10	Love Creek/Cedar Creek			DW	
16	John Toohey Society – The Plough Inn	Phil	5522 9702	Soc	
19	BCBC Meeting			Meet	
24/25	Club Hut Feast	Greg	3351 4092	ON	
25	Club Hut Walk	Michele	3353 2822	DW	
31	Stag's Head			DW	
Apr 7	Mt Philp			DW	
9	Knapps Peak	Pat	3366 1956	DW	
14	Gateway Bridge	Barry	3630 0565	DW	
16	BCBC Meeting			Meet	
20	John Toohey Society – Mick O'Malley's	Phil	5522 9702	Soc	
21/22	Noosa	Justin	3366 3193	BC	
21	North Coast Mountains	Justin	3366 3193	DW	
22	Noosa North Shore	Justin	3366 3193	DW	
25	Upper Portals			DW	

May 2/8	Green Gully Track	Justin	3366 3193	TW	
3/7	Drumley Walk			BC	
12	North Stradbroke Island	Maxine	3409 4001	DW	
18	John Toohey Society – Irish Club	Phil	5522 9702	Soc	
19	Annual Mass and Dinner			Soc	
20	Ashgrove to Mt Coot-tha	Justin	3366 3193	DW	
21	BCBC Meeting			Meet	
25/27	Spicer's Gap to Teviot Gap	Matthew	3876 8125	TW	
26/27	Mt Barney Gorge			TW	
Jun 3	Tabletop Mountain			DW	
9/11	Fraser Island	Justin	3366 3193	TW	
9	Mt Mitchell	Maria	3378 4280	DW	
15	John Toohey Society – Granadas Tapas Bar	Phil	5522 9702	Soc	
17	Brisbane Square Mile	Desley	3369 5530	DW	
18	BCBC Meeting			Meet	
23	Mt Bally	Phil	5522 9702	DW	
30	Mt Bell Circuit			DW	

The Calendar is subject to change without notice

**WARNING:** All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

### KEY – Walk Types

<b>D/W</b>	Day Walk	<b>½ D/W</b>	Half Day Walk
<b>O/N</b>	Over Nighter	<b>B/C</b>	Base Camp
<b>T/W</b>	Through Walk	<b>C/W</b>	City Walk
<b>TRN</b>	Training	<b>S&amp;T</b>	Safety & Training
<b>FMR</b>	Federation Mountain Rescue	<b>SOC/SW</b>	Social/Social Walk

### KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
<b>Short</b> Under 10km per day	<b>1</b> - Smooth reasonably flat path	<b>1</b> - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	<b>2</b> - Graded path/track with minor obstacles	<b>2</b> - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
<b>Medium</b> 10-15km per day	<b>3</b> - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	<b>3</b> - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	<b>4</b> - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	<b>4</b> - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
<b>Long</b> 15-20 km per day	<b>5</b> - Rough or rocky terrain with small climbs using hands or rock hopping	<b>5</b> - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required

	<b>6</b> - Steep, rough or rocky terrain with large climbs using hands or rock hopping	<b>6</b> - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
<b>Extra Long</b> Over 20 km per day	<b>7</b> - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	<b>7</b> - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	<b>8</b> - Climb/descend near vertical rock with exposure. Climbing skills may be required	<b>8</b> - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	<b>9</b> - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	<b>9</b> - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

**Example: M48** is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

## Please Read The Important Notice Below.

### RELEASE, WAIVER & INDEMNIFICATION

All persons, adult or child, member or visitor, undertake all activities of the Association at their own risk. The Association is not even in a position to even state that all care will be taken.

I the undersigned, hereby take action for myself, my executors, administrators, heirs, next of kin, successors and assigns as follows.

I waiver, release, discharge, indemnify and hold harmless the following from any and all liability, responsibility and claims, for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter result from my participation in any activity of the Brisbane Catholic Bushwalking Club Inc.

The Brisbane Catholic Bushwalking Club Inc.

The Management Committee of the Brisbane Catholic Bushwalking Club Inc.

The leader of any activity of the Brisbane Catholic Bushwalking Club Inc.

All members of the Brisbane Catholic Bushwalking Club Inc.

I acknowledge that activities of the Brisbane Catholic Bushwalking Club Inc. carry with them the potential for death, serious injury and property loss.

I hereby assume any and all risks associated with participating in any activity of the Brisbane Catholic Bushwalking Club Inc.