

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

PO Box 31, RED HILL, Qld 4059

CALENDAR OF CLUB EVENTS 2010

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See the Bottom of This Page for the Walk Grading Key

Today Is April 26th 2010

Date	Event	Leader	Phone	Type	Grade
Apr 16	James Boag Soc – The Courtyard	Liz	3356 4874		
16	Movie “Balibo” S ^t Williams, Grovely	Sue	3355 2667		
17	FMR – Equipment/Research Day	Desley	3369 5530	Trn	
17/18	Lincoln Wreck – Lizard Point	Michael	3351 3810	TW	L66
17/18	The Steamers	Russ	3374 3534	BC	M46
19	BCBC Meeting	Desley	3369 5530	Meet	
20	Apocalypse Explained, S ^t Williams 7.30pm	Sue	3355 2667		
20	FMR Meeting	Desley	3369 5530	Meet	
22	BWQ Meeting	Desley	3369 5530	BWQ	
23/26	Circum-navigation of Mt Barney	Justin	3366 3193	DW	L55
24	Gap Creek Falls	Michele J	3353 2822	DW	S25
25	Navigation Training in BFP	Barbara M		FMR	
25	Card Night	Michele J	3353 2822		
26	Buderim Bush Pockets	Desley	3369 5530	DW	M33
29	Bronco’s Buffer for Dinner	Antonia	3857 1387		
May 2/3	Sunshine Coast Great Walk	Jan	3374 3534	TW	L33
3	Triple Falls	Russ	3374 3534	DW	M23
8	S ^t William’s Grovely Market, Dawson P ^{de}	Greg	3351 4092		
8	Bare Rock Evening Stroll	Terry	3355 9765	DW	M23
16	Yellowpinch Circuit	Maxine	3409 4001	DW	S53
17	BCBC Meeting	Desley	3369 5530	Meet	
22/23	FMR – Wilderness First Aid Course	Desley	3369 5530	Trn	
21	Kate Quinlan Soc Meeting	Russ	3374 3534		
22	Annual Mass and Dinner	Liz	3356 4874	Soc	
23	Cubberla Ck to Enoggera Ck	Trevor	3269 4795	DW	M43
29	Boondall Wetlands	Cheryl	3263 8393	SW	S11
30	Minnages	Pat	3366 1956	DW	M55
Jun 5	Caloundra Beaches	Graham	3371 9623	DW	M23
12/14	Emu Creek Circuit	Michael	3351 3810	TW	L56
12/14	Emu Creek	Needed		BC	M55
13	Knapps Peak	Needed		DW	M54
19	FMR – Mezzanine Ridge	Desley	3369 5530	DW	
20	Rochedale to Burbank	Phil	5522 9702	DW	S22
25/27	Girraween NP	Joe		BC	S55
Jul 3	Mt Alexander	Paul	0412 339 311	DW	
7/10	Pray 2010		3336 9339		
9/11	Savages Ridge	Justin	3366 3193	BC	
10	Bullocky Rest	Cheryl	3263 8393	SW	

11	The Medieval Tournament	Antonia	3857 1387	Soc	
17	Shepherd's Walk	Terry	3355 9765	DW	
25	Collins Gap to Nothofagas	Matthew	3407 4179	DW	
31	Catholics Returning Home	Sue	3355 2667		
31/1	Junction View to Laidley Gap	Michael	3351 3810	TW	
Aug 1	Quinzeh Rocks Wildflower Walk	Phil	5522 9702	DW	
7	Noosa Trails	Terry	3355 9765	DW	
10	North Ridge	Justin	3366 3193	DW	L77
11	Barney Mass	Phil	5522 9702	DW/BC	
20/22	Pilgrimage	Justin	3366 3193	BC	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

KEY – Walk Types

D/W	Day Walk	½ D/W	Half Day Walk
O/N	Over Nighter	B/C	Base Camp
T/W	Through Walk	C/W	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
S hort Under 10km per day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
M edium 10-15km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
L ong 15- 20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
E xtra L ong Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High

	be required	fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

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